

cancer. However, the long-term results and the late toxicities are still unknown.

Methods: Between 8/89 and 9/95, 150 patients with a median age of 31 years (range: 18 to 55 years) with refractory or relapsed germ-cell tumors received HDCT containing carboplatin (1,500 to 2,000 mg/m²), etoposide (1,200 to 2,400 mg/m²) and ifosfamide (0 to 10 g/m²). Thereafter patients were re-evaluated every three months during the first year and every 6 months during subsequent years.

Results: After a median follow up time of 50 months (range: 17 to 88), 149/150 patients were assessable, one patient was lost for follow up. In November 1996 all patients were censored; 60/149 (40%) patients were still alive. Among the survivors 35 (24%) patients were in CR or had become free of tumor after additional surgery, 18 (12%) patients achieved an unresectable marker-negative partial remission, and 7 (5%) patients were in marker-positive partial remission or had progressive disease. Nephrotoxicity was observed in 17 (28%) patients, peripheral nervous toxicity in 24 (38%) patients, aural hearing impairment in 16 (26%) patients. Three patients acquired a hepatitis B or C during HDCT, one patient is alive with hemodialysis and another patient developed aseptic necrosis of the right femoral head after HDCT.

Conclusion: The short- and long-term evaluation data demonstrate the efficiency of HDCT as well as acceptable chemotherapy induced late toxicities in patients with refractory or relapsed germ cell cancer.

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ORAL

Long-term effects of testicular cancer treatment on sexual functioning

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Purpose: To evaluate the influence of combined treatment modalities on sexual functioning and fertility potential in patients cured from testicular cancer.

Methods: Aspects of sexuality and fertility were assessed by questionnaires in 98 testicular cancer pts being in CR for at least 12 months. 19 pts (19%) had seminomatous, 79 (81%) non-seminomatous germ cell tumors, median age 28 years (19–53). Treatment included surgery alone in 17, platin-based chemotherapy (ctx) alone in 30, radiotherapy (rx) alone in 5, combination of ctx ± rx ± surgery in 46 pts. Median time interval between time of interview and end of treatment was 78 mon (18–169).

Results: **Fertility:** 39 (44%) were parents before therapy. No pregnancy occurred during treatment. 22 (25%) fathered children at a median of 54 mon after the end of treatment (3–108). In 19 pts pregnancy was not achieved with 15 of 19 pts having pathological semen analysis, 2 pts suffering from psychosocial distress, 1 pts with dry ejaculation and in one case the spouse did not want children. **Sexual problems/emotional distress:** The frequency of intercourse significantly decreased during the treatment, but afterwards recovered almost completely. 8% of pts reported dissatisfaction with sexual life before diagnosis of testicular cancer and 4% had experienced reduced libido and erection difficulties. At the time of the interview significantly more pts (24%) reported an unsatisfactory sexual life and libido or erection difficulties (19%) compared to the pretreatment situation. Increased age at the time of diagnosis, psychological distress before diagnosis and using of more than one treatment modality tended to correlate with a higher incidence of sexual problems.

Conclusion: Long-lasting sexual problems after therapy for testicular cancer are found in nearly a fifth of pts. From 41/98 testicular cancer pts wishing children 22 (54%) became parents. 19 pts were identified to be infertile and in 16 of these possibly treatment-related alterations were detectable.

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POSTER*

Telomerase activity and telomere length in testicular cancer tissues and residual tumor mass after cisplatin based chemotherapy

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Activation of the ribonucleoprotein enzyme telomerase has been associated with immortalization and cancer. Thus, telomerase has emerged as a novel target for chemotherapy. We have previously shown that the antineoplastic agent cisplatin is capable of inhibiting telomerase activity in testicular cancer cells *in vitro* and proposed that the effect might contribute

to cisplatin's marked efficacy against germ cell derived tumors. In this study, we examined whether the hypothesis might be operative in a clinical case scenario. The telomeric repeat amplification protocol and mean terminal restriction fragment (TRF) length analysis were used to study telomerase activity and telomere length in normal testes, testicular tumors, and residual mass after cisplatin therapy. Tissues were microdissected prior to enzyme extraction to investigate enzyme activity and TRF-length in relationship to different pathologies. Telomerase activity was measured in concentrations between 6–0.06 µg of total cellular protein and teratoma cell line SUSACP used as positive control to allow quantification. Eighteen of 25 samples had telomerase activity, 16 of which were germ cell tumors and 2 were normal testes. Activity was high in tumors, but only moderate in normal tissue. Telomerase was not detected or very low in necrotic testicular germ cell tumors and lymph node metastases after therapy and in differentiated teratomas. Accordingly, telomeres were significantly shorter in such cases compared with untreated seminomas or undifferentiated teratomas. Our data demonstrate that clinical response to cisplatin based treatment regimens is paralleled by telomere shortening and absence of detectable telomerase activity. Measurement of telomerase activity may be a useful predictor of response to therapy.

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POSTER*

Germ cell tumor (GCT): Staging and therapy control with ¹⁸F-DG-PET. First results of German multicenter trial

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Purpose: We have studied the value of PET as a staging method in pts with GCT before and after therapy in a prospective multicenter study.

Method: 54 pts with seminoma (18) and non-seminomatous tumor (36) were included in the study. In total 77 FDG-PET were performed, 27 at diagnosis, 50 after therapy, with a median of 34 days after treatment (range 13–122). So far 28 pts are validated, 28 with tumor marker profil, 23 with both, PET and tumor marker. Follow up for more than 6 months (11) (median 13 months, range 8–23) or histological examination (12) or was used for validation.

Results:

	True positive	False positive	True negative	False negative	Sensitivity	Specificity
PET	13	3	6	1	93%	66%
AFP/HCG	4	0	6	9	30%	100%

Conclusion: PET is a sensitive but non-specific method for predicting vital tumor, while tumor marker are more specific. The reason for the low specificity of PET is not yet fully understood, but might be due to an inflammatory process after chemotherapy. Perhaps this problem can be solved by extending the interval between the end of therapy and PET.

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POSTER*

Prognostic risk factors in low stage testicular nonseminomatous germ cell tumors (NSGCT)

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Purpose: Since optimal therapy for clinical stage I (CS I) NSGCT still remains controversial, we examined the clinical utility of histopathological and biological prognostic markers to stratify the risk of occult retroperitoneal disease.

Methods: Orchiectomy specimens of 149 CS I NSGCT (86 PS I, 63 PS II) were chosen for immunohistochemical analysis of p53, bcl-2, MIB-1, cathepsin D and e-cadherin expression and specimens were also reviewed for presence of vascular invasion (VI) and percentage of embryonal carcinoma (%EC). Uni- and multivariate logistic regression models were used for statistical analysis.

Results: Combination of VI and % EC was the most significant prognosticator to predict path. stage II ($p < 0.0001$) by multivariate analysis. Using cut-off values of <45% EC and VI- path. stage I was correctly predicted in 88% (68/77) with a negative predictive value of 92%. Cut-off values of >80% EC and VI+ correctly predicted path. stage II in 85% (41/48) with a